



WORM-FREE INDIA, HEALTHY INDIA NATIONAL DEWORMING DAY

8th August & 16th August, 2019

HOW DO WORMS SPREAD?

Open defecation by infected children can lead to contamination of soil. The worm eggs in the faeces get mixed with the soil to develop into larvae

Other children are infected by eggs ingested through food or dirty hands, or by larvae penetrating the skin

In an infected child, eggs and larvae develop into adult worms, which produce eggs and have an ill effect on the child's health



BEST PRACTICES TO PROTECT YOURSELF FROM WORM INFECTIONS

HYGIENE

SANITATION



DON'T DEFECCATE IN THE OPEN, USE A TOILET, AND WASH YOUR HANDS WITH SOAP AFTER DEFECCATION AND BEFORE EATING



ALWAYS WEAR SHOES/SLIPPER AND KEEP YOUR NAILS CLEAN AND SHORT

CLEANLINESS



KEEP YOUR SURROUNDINGS CLEAN. WASH FRUITS AND VEGETABLES WITH WATER BEFORE EATING



All children and adolescents aged 1-19 must be dewormed in schools and anganwadis. For more information, please contact Teacher/AWW/ASHA/ANM.

